



## 2019 Team Rules and Expectations



1. Treat everyone with RESPECT. I.e.) yourself, parents, teachers, players, coaches, managers, etc.
2. Players need to be in school ALL DAY in order to practice and play in games unless permission has been given and an advanced reason has been authorized by the principal and/or athletic director. Advance reasons will be given for doctor appointments, family emergencies, and school-sponsored activities.
3. No excuses for missing a practice. If you have a reason as to why you can not be at practice you need to inform Coach Grossinger or Coach Larson before practice.
4. If you miss a practice for any reason the day before a game you will not start (if you were a starter before). If you were not starting that week your playing time is left up to the discretion of the coaching staff.
5. If you are suspended from school you will be suspended from our team as well. This means that you must keep up passing grades as outlined by the athletic handbook.
6. If you end up serving ONE detention for any reason you will PAY for it with extra conditioning at the next practice. If you serve detention more than once during the season you will not dress for your next game. You are representing the entire football team with your conduct and we expect you to act like gentlemen.
7. Inform coaches of when you get hurt. We need to record and file in the office all injuries that require a visit to a doctor/clinic.
8. Keep locker, drying, & equipment rooms clean. This also includes the practice field. Keep your equipment and uniforms clean and in good shape.
9. Do not be late for practice. You will need to stretch on your own. We will start practice dressed and in full uniform at 3:30 with bags Once you HIT THE FIELD it is time for business!
10. WIAA rules prohibit swearing, wearing any jewelry (earrings, necklaces etc...) taunting, and fighting. We will not allow these things in practice as well.
11. Most practices will be finished by 5:00 p.m. each evening (except Thursday) during the school year.

**12. HAVE A POSITIVE MENTAL ATTITUDE. EXPECT TO WIN!**  
**IT TAKES NO TALENT TO HUSTLE!**

### **Think Positive**

**If you think you are beaten, you are.  
If you think you dare not, you don't.  
Success begins with your own will...**

**It's all in your state of mind.**

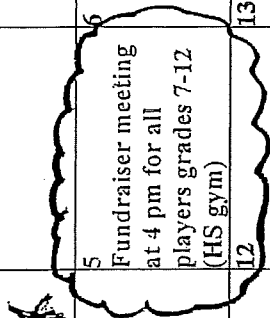
**Life's battles are not always won  
By those who are stronger or faster;  
Sooner or later the person who wins  
Is the person who thinks he can!**

**FALL CREEK  
FC  
CRICKETS**

# August 2019

Middle School Football Fall Creek School District

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
			7	8	9	10
			14	15	16	17
			21	22	23	24
			28	29	30	31
			5	6		
			12	13		
			19	20		
			26	27		
			3	4		
			10	11		
			17	18		
			24	25		
			31	1		


 Fundraiser meeting  
 at 4 pm for all  
 players grades 7-12  
 (HS gym)

7TH & 8TH GRADE FOOTBALL SCHEDULE

# September 2019

## MS Football Schedule

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1		2 Labor Day- No Practice	3 First day of school Practice 3:30-5:00	4 No Practice	5 <u>Serimage @ Mondovi</u> <u>Bus leaves 3:45</u>	6 Practice 3:30-5:00	7
8		9 Practice 3:30-5:00 Watermelon Practice!!	10 Game AWAY @Alfoona 5:00 p.m *Bus leaves 3:45	11 No Practice	12 Practice 3:30-5:30	13 Practice 3:30-5:00	14
15		16 Practice 3:30-5:00	17 Game AWAY @Eleva-Strum 5:00 p.m *Bus leaves 3:45	18 No Practice	19 Practice 3:30-5:30	20 Practice 3:30-5:00 YOUTH/MS Recognition Night @ Halftime of Varsity game	21
22/29		23/30 Practice 3:30-5:00	24 Game HOME vs. Regis 5:00	25 No Practice	26 Practice 3:30-5:30	27 Practice 3:30-5:00	28

# October 2019

## MS Football Schedule

Sum	Mon	Tue	Wed	Thu	Fri	Sat
		1 Game AWAY @ Elk Mound 5 p.m. *Bus leaves at 3:45	2 No Practice	3	4 Practice 3:30-5:30	5
6	7 Practice 3:30-5:00	8 Game HOME vs. Stanley-Boyd 5 p.m.	9 Wash all equipment at Home	10 Gear turn in 3:15-4:00	11 No School	12
13	14 Gear Turn in 3:15-4:00	15 Gear Turn in 3:15-4:00	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

7TH & 8TH GRADE FOOTBALL SCHEDULE

## Fall Creek Middle School

### Football – 2019

Sept. 5	@ Mondovi (Scrimmage)
Sept. 10	@ Altoona
Sept. 17	@ Eleva-Strum
Sept. 24	EC Regis
Oct. 1	@ Elk Mound
Oct. 8	Stanley-Boyd

- All 7<sup>th</sup> grade scrimmages begin at 5 pm, 8<sup>th</sup> grade games to follow
- Bus leaves for ALL away games @ 3:45 p.m.
- If you take your student-athlete home after an away game, you must sign them out with a coach.