

COVID-19 Toolkit for Schools



Updated August 21, 2020

COVID-19 101

What is COVID-19?

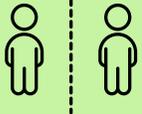
COVID-19 is the disease caused by a new coronavirus that was discovered in December 2019. COVID-19 symptoms include cough, fever, and shortness of breath, among others. Read [Symptoms of Coronavirus](#) by the CDC to learn more.

How is COVID-19 spread?

The virus that causes COVID-19 is thought to spread mainly from person to person, through respiratory droplets are produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are in close contact with one another (within about 6 feet).

Source: [CDC Frequently Asked Questions](#)

How do I stay safe and keep others from getting sick?



Keep 6 feet of distance from others as much as possible. This is one of the most effective ways to stop the spread. Keeping 6 feet of distance is a requirement in the local [COVID-19 Prevention and Control Order](#).



Wash your hands frequently for 20 seconds with warm water and soap. Use hand sanitizer when water and soap is not available.



Monitor for COVID-19 symptoms. These include: fever or chills; cough, shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; new loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting and/or diarrhea. Talk with your doctor to see if you should get tested.



Wear a face covering. Governor Evers issued [Emergency Order #1](#) on July 30, 2020, making face coverings mandatory throughout the state from August 1-September 28. Read the [Frequently Asked Questions](#) document for more information.



Cover your coughs and sneezes with a tissue, or cough/sneeze in to your elbow if a tissue is not available. Throw away tissues immediately and wash your hands.



Stay home when sick to stop the spread of disease.



Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

Symptom Based School Exclusion for COVID-19

Within the last 24 hours students or staff who have experienced above what is normal for them

One of these:

- Cough
- Shortness of breath
- Difficulty breathing
- New loss of taste/smell

OR

Two or more of these*:

- Fever, chills, or rigor
- Muscle aches
- Headache
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

YES

NO

- Student or Staff must stay home. COVID-19 testing is recommended.
- Household contacts must stay home.

Is this person a close contact to a confirmed case or a household contact to someone that needs to stay home based on symptoms?

Results of testing

YES

NO

Stay home for a 14 day quarantine period from last exposure. Even if person has a negative COVID-19 test during these 14 days, they cannot return.

Stay home based on guidance related to symptoms reported. (Ex: if fever should be excluded based on normal practices)

Negative

Positive

No Test

Can return 24 hours after fever free without fever-reducing medications or based on current diagnosis.

Household members can return immediately.

Stay home for 10 days since the first symptoms began AND until fever free without the use of fever-reducing medications for 24 hours AND showing improvement of symptoms.

Household members must stay home for a 14 day quarantine period from last exposure. Even if person has negative COVID-19 test during these 14 days, they cannot return. Contact tracing for all close contacts will need to happen.

Stay home for 10 days since the first symptoms began AND until fever free without the use of fever-reducing medications for 24 hours AND showing improvement of symptoms.

Household members must stay home for a 14 day quarantine period from last exposure. Even if person has negative COVID-19 test during these 14 days, they cannot return.

** May return if they receive an alternative diagnosis from a medical provider

*Non COVID-19 related exclusions may apply to any of these symptoms.

Returning to school after a positive COVID-19 test



The Health Department ensures that the person who tested positive for COVID-19 is isolated for the appropriate length of time and that people who are considered close contacts are quarantined as needed.



Person who is positive with COVID-19



Close Contact
(Being within 6 ft. of a person for 15 minutes or longer)



Contact of Contact



Positive for COVID-19

Isolation for at least 10 days*

- **Isolation** is for people who already have the virus. It means keeping them separated from people who don't have it.
- In general, people who test positive for COVID-19 are placed on isolation for a minimum of 10 days from when symptoms began.



Close Contact

Quarantine for 14 days

- **Quarantine** is for people who may have been exposed to the virus. It also means keeping them separated from other people in case they turn out to be infected.
- People who are considered close contacts are quarantined for 14 days after last potential exposure. This is the maximum length of time it takes for symptoms to appear after someone has been exposed to the virus.



Contact of contact

No restrictions

- "Contacts of contacts" or those that have been in close proximity to someone who is a contact of a person who tested positive for COVID-19.

***To return to school they must:**

- **be in isolation for 10 days**
- **AND be fever free**
- **AND have improvement in symptoms for 24 hours**

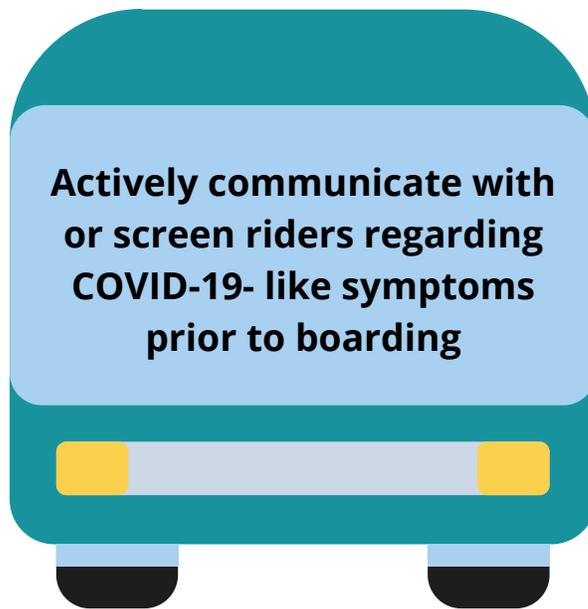
The Health Department continues follow up with contacts who are in quarantine so that if someone develops symptoms of COVID-19, they can get tested.

Contacts of contacts do not need to self-quarantine or be placed on any restrictions.

Bus Guidelines

The local [Public Health Order](#) has requirements for mass transportation. The DPI has more information on [transportation guidelines](#) and [bus safety](#).

When physical distance of 6 ft. cannot be maintained, the following is required:



Testing Locations in Eau Claire County

Provider	Process	Contact
Marshfield Clinic	Call nurse line for an appointment for COVID-19 testing.	844-342-6276
Mayo Clinic	Call your Mayo primary care clinic or provider for a phone screening. Your provider will then direct you to COVID-19 Nurse Line. If you meet testing criteria you will be directed to a local testing site.	Primary care provider/ clinic or call COVID-19 Nurse Line at 507-293-9525
Prevea Health	If you think you may have symptoms associated with COVID-19, visit myprevea.com to schedule a test.	myprevea.com or call 715-717-4582 for questions
Chippewa Valley Free Clinic	Available after September 7, 2020. Details to access will be shared then.	

Screening Option

Wisconsin Health Connect

If you think you may have symptoms associated with COVID-19, complete this self assessment tool. A nurse will contact you to discuss the results.

Resources for Schools

[CDC: Schools and Childcare Programs](#)

[WI Department of Health Services:](#)

- [COVID-19: Schools and Child Care](#)
- [Guidelines for the Prevention, Investigation, and Control of COVID-19 Outbreaks in K-12 Schools in Wisconsin](#)

[Eau Claire County COVID-19 Information Hub](#)

- [Local Order](#)
- [FAQs](#)
- [Schools Page](#)

[WI DPI Information on COVID-19](#)

- [Education Forward: Safely and Successfully Reopening Wisconsin Schools](#)
- [Reopening School Buildings Risk Assessment Tool](#)
- [School Health Services Interim COVID-19 Infection Control and Mitigation: Toolkit](#)
- [Interim COVID-19 Infection Control and Mitigation Measures for Schools](#)
- [Recommendations/FAQs on Testing for Schools](#)
- [DPI Cloth Face Coverings in Schools](#)
- [COVID-19 Infection Control Checklist for K-12 Schools](#)
- [DPI Returning to School After COVID-19](#)
- [Interim COVID-19 Transportation Guidance](#)
- [Child Nutrition Program COVID-19 Information](#)