

Grade 1 Scope and Sequence

Lesson	Concepts	Objectives—Students will be able to:
<p>Lesson 1: Ways to Stay Safe</p>	<p>Adults should take care of you and keep you safe.</p> <p>The Ways to Stay Safe are:</p> <ul style="list-style-type: none"> • Recognize: Is it safe? What’s the rule? • Report: Tell an adult. • Refuse: Say words that mean no. <p>Following the Never-Never Rules helps you stay safe.</p>	<ul style="list-style-type: none"> • Identify common safety rules (Never-Never Rules) for guns, fire, riding on wheels, crossing streets, riding in a car, water, sharp tools, and dogs • Recognize safe and unsafe situations • Demonstrate applying the Ways to Stay Safe in response to scenarios • Apply assertiveness skills in response to scenarios where they need to refuse to break a Never-Never Rule
<p>Lesson 2: The Always Ask First Rule</p>	<p>Always ask a parent or the person in charge first. (Always Ask First Rule)</p> <p>Following the Always Ask First Rule helps you stay safe.</p>	<ul style="list-style-type: none"> • Demonstrate following the Always Ask First Rule in response to scenarios • Identify the person they should ask first in response to scenarios • Demonstrate assertively saying who they should ask first in response to scenarios
<p>Lesson 3: Safe and Unsafe Touches</p>	<p>Safe touches help you feel cared for and loved.</p> <p>Unsafe touches hurt your body or feelings.</p> <p>You can say words that mean no to any kind of touch you don’t want.</p>	<ul style="list-style-type: none"> • Identify safe and unsafe touches • Refuse unsafe touches assertively in response to scenarios • Refuse unwanted touches assertively in response to scenarios
<p>Lesson 4: The Touching Rule</p>	<p>A person should never touch your private body parts except to keep you healthy. (Touching Rule)</p> <p>Private body parts are private because they’re not to be seen or touched by others.</p> <p>Remembering the Touching Rule helps you stay safe.</p> <p>It is never your fault if someone breaks the Touching Rule.</p>	<ul style="list-style-type: none"> • Identify private body parts • Identify the Touching Rule • Apply the Ways to Stay Safe in response to scenarios where someone has broken the Touching Rule

<p>Lesson 5: Practicing Staying Safe</p>	<p>Never keep secrets about touching. (Never Keep Secrets Rule)</p> <p>It's never too late to report a broken Touching Rule.</p> <p>Keep reporting until someone helps you.</p>	<ul style="list-style-type: none"> • Identify the Touching Rule • Identify the Never Keep Secrets Rule • Apply assertiveness skills to report in response to scenarios where someone has broken the Touching Rule and the Never Keep Secrets Rule • Apply the Ways to Stay Safe in response to scenarios where someone has broken the Touching Rule and the Never Keep Secrets Rule
<p>Lesson 6: Reviewing Safety Skills</p>	<p>Remembering rules and using the Ways to Stay Safe will help you stay safe.</p> <p>A person should never touch your private body parts except to keep you healthy. (Touching Rule)</p> <p>Never keep secrets about touching. (Never Keep Secrets Rule)</p>	<ul style="list-style-type: none"> • Identify the Ways to Stay Safe, Never-Never Rules, Always Ask First Rule, Touching Rule, and Never Keep Secrets Rule • Recognize when a person has broken the Touching Rule • Apply the Ways to Stay Safe to scenarios from the <i>David Speaks Up</i> video